



FINA WORLD MASTERS RECORDS - SHORT COURSE METERS as of MAY 2007

WOMEN			25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99	100-104
50	M.	FREE	25.42	25.41	25.10	26.60	27.31	28.43	28.99	31.39	32.25	33.86	35.88	41.34	46.31	55.53	1:13.87	
100	M.	FREE	56.30	56.41	54.95	57.60	59.58	1:01.49	1:02.55	1:10.53	1:10.97	1:16.45	1:18.59	1:34.45	1:48.55	2:23.66	4:32.42	
200	M.	FREE	1:59.78	2:04.64	2:03.56	2:05.26	2:08.81	2:14.66	2:20.58	2:38.28	2:42.05	2:49.28	2:57.19	3:26.52	3:57.48	5:11.66	9:32.52	
400	M.	FREE	4:24.18	4:22.70	4:22.56	4:21.75	4:30.98	4:45.72	4:50.18	5:27.75	5:46.94	6:00.34	6:09.40	7:22.84	8:17.82	10:01.56	19:20.68	
800	M.	FREE	8:51.18	9:06.49	9:12.97	9:09.71	9:21.65	9:50.53	10:09.46	11:18.60	11:49.70	12:32.86	12:42.75	15:30.51	16:49.43	21:16.76		
1500	M.	FREE	16:36.07	17:23.60	17:27.84	17:38.37	17:49.34	18:59.17	19:20.76	21:29.24	22:35.98	23:54.74	24:04.75	29:39.08	31:44.50	41:20.62		
50	M.	BACK	29.20	28.99	30.73	30.97	31.29	32.55	33.24	36.27	37.47	41.23	43.50	48.82	57.62	1:05.70	1:27.92	
100	M.	BACK	1:03.01	1:02.88	1:03.56	1:05.43	1:09.20	1:12.95	1:14.80	1:20.02	1:25.00	1:31.24	1:37.87	1:52.72	2:02.71	2:26.64	3:25.37	
200	M.	BACK	2:12.84	2:16.62	2:14.10	2:19.09	2:24.01	2:37.89	2:43.62	2:56.06	3:01.88	3:18.61	3:32.59	4:03.55	4:18.50	5:02.82	7:36.62	
50	M.	BRST	32.76	32.82	33.03	32.99	34.64	36.32	38.32	38.60	41.55	42.80	47.15	50.48	1:08.14	1:21.91		
100	M.	BRST	1:10.55	1:10.00	1:11.97	1:11.52	1:15.86	1:22.53	1:25.63	1:26.43	1:31.87	1:35.58	1:47.80	1:54.30	2:29.90	3:04.87		
200	M.	BRST	2:31.18	2:30.65	2:36.04	2:35.85	2:48.38	2:57.49	3:06.41	3:06.48	3:17.44	3:28.98	3:54.55	4:29.24	5:33.41	6:37.73		
50	M.	FLY	27.88	27.81	28.68	28.21	30.02	31.15	31.92	33.38	36.79	39.44	40.71	55.65	1:07.35	1:34.61		
100	M.	FLY	1:01.33	1:00.11	1:03.07	1:02.37	1:06.42	1:09.05	1:10.93	1:16.41	1:25.28	1:34.70	1:45.10	2:02.63	2:36.50	3:21.00		
200	M.	FLY	2:17.13	2:19.34	2:18.41	2:20.66	2:28.26	2:39.11	2:37.51	3:05.20	3:17.36	3:37.23	3:57.33	4:36.80	5:42.80			
100	M.	I.M.	1:03.67	1:03.55	1:05.40	1:05.56	1:09.28	1:13.12	1:14.34	1:19.09	1:24.95	1:27.80	1:32.92	1:56.65	2:21.11	3:06.08		
200	M.	I.M.	2:17.17	2:18.89	2:19.08	2:20.55	2:27.57	2:37.52	2:43.63	2:55.72	3:06.37	3:21.52	3:31.20	4:07.66	5:09.92	6:25.12		
400	M.	I.M.	4:52.13	4:51.33	4:52.85	5:00.82	5:14.73	5:36.28	5:52.11	6:20.63	6:34.95	7:09.96	7:34.39	9:31.73	10:55.73	14:55.37		
MEN			25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99	100-104
50	M.	FREE	22.11	22.76	22.44	23.66	24.02	24.26	24.70	24.90	26.73	28.55	31.06	32.61	36.27	41.07	55.08	2:06.66
100	M.	FREE	48.58	50.37	49.53	52.07	53.04	54.61	55.12	57.22	1:01.36	1:04.58	1:10.71	1:16.09	1:23.20	1:39.26	2:19.51	4:32.29
200	M.	FREE	1:48.81	1:50.91	1:51.31	1:53.03	1:56.74	1:58.37	2:03.64	2:11.78	2:18.71	2:24.31	2:37.71	3:00.21	3:13.45	3:39.65	5:13.46	
400	M.	FREE	3:53.60	3:58.40	3:57.77	4:00.67	4:08.93	4:07.99	4:24.92	4:40.45	4:55.56	5:09.75	5:40.14	6:27.60	7:19.94	8:50.65	10:51.93	
800	M.	FREE	8:07.91	8:17.06	8:23.06	8:31.69	8:53.58	8:44.51	9:03.00	9:43.83	10:16.06	10:52.68	11:44.84	13:29.27	15:15.68	18:37.14	22:05.55	
1500	M.	FREE	15:29.68	15:51.07	15:58.20	16:23.95	16:43.02	16:33.02	17:14.15	18:50.59	19:32.78	20:54.56	22:27.75	25:35.01	29:55.69	35:20.36	41:29.87	
50	M.	BACK	25.05	25.54	25.86	27.28	27.24	28.96	30.25	31.31	32.35	33.90	37.47	38.26	43.80	53.24	1:01.25	2:02.52
100	M.	BACK	54.82	55.19	55.95	57.66	58.48	1:01.48	1:04.89	1:08.85	1:13.11	1:15.85	1:24.21	1:25.77	1:39.08	1:47.66	3:05.23	
200	M.	BACK	1:56.22	2:00.43	2:00.34	2:08.26	2:12.10	2:13.51	2:20.59	2:30.96	2:42.43	2:51.24	2:58.21	3:10.06	3:37.45	4:20.68	7:01.87	
50	M.	BRST	27.69	28.30	28.75	29.49	30.13	31.06	32.13	33.54	35.46	37.47	39.97	41.42	47.70	55.68	1:31.60	
100	M.	BRST	1:00.28	1:01.62	1:02.57	1:05.79	1:06.48	1:08.97	1:10.50	1:14.47	1:21.34	1:23.70	1:28.61	1:36.91	1:50.32	2:15.14	3:35.33	
200	M.	BRST	2:18.04	2:16.60	2:16.49	2:25.58	2:31.41	2:33.71	2:38.76	2:44.90	2:59.55	3:05.27	3:21.50	3:40.73	4:16.20	4:59.71	7:29.31	
50	M.	FLY	24.29	24.36	24.48	25.13	25.84	26.79	27.21	28.31	30.54	32.07	34.83	40.24	43.35	56.09		
100	M.	FLY	53.93	54.82	55.85	56.18	57.17	1:00.8	1:00.35	1:03.76	1:11.90	1:19.51	1:32.07	1:42.60	2:01.65	2:21.82		
200	M.	FLY	2:01.74	2:00.21	2:04.50	2:02.97	2:06.40	2:18.02	2:22.13	2:34.65	2:48.78	3:08.60	3:26.72	4:00.64	4:49.10	5:37.23		
100	M.	I.M.	55.20	56.36	56.94	59.57	1:00.29	1:03.32	1:03.53	1:08.70	1:12.51	1:15.92	1:24.90	1:31.77	1:48.23	2:08.86	3:33.98	
200	M.	I.M.	2:00.56	2:04.01	2:03.29	2:08.77	2:15.31	2:18.68	2:21.05	2:30.48	2:44.96	2:51.73	3:10.06	3:26.48	4:07.59	5:13.24		
400	M.	I.M.	4:20.94	4:26.74	4:24.36	4:35.57	4:48.97	4:57.52	5:08.15	5:25.65	5:58.93	6:21.46	6:52.62	7:26.06	9:31.75	11:15.65		



FEDERATION INTERNATIONALE
DE NATATION
FOUNDED IN 1908

FINA WORLD MASTERS RECORDS - SHORT COURSE METERS as of MAY 2007

RELAYS	WOMEN		MEN		MIXED	
	200 M.	200 M.	200 M.	200 M.	200 M.	200 M.
	FREE	MEDLEY	FREE	MEDLEY	FREE	MEDLEY
100-119	1:45.93	2:01.92	1:33.28	1:43.12	1:41.55	1:51.86
120-159	1:48.99	2:01.95	1:34.32	1:44.09	1:41.72	1:53.24
160-199	1:53.18	2:05.00	1:36.29	1:46.19	1:44.28	1:56.35
200-239	1:58.64	2:16.23	1:40.71	1:53.92	1:49.36	2:01.94
240-279	2:18.76	2:30.73	1:50.57	2:03.09	2:01.21	2:14.42
280-319	2:33.23	2:57.35	2:02.50	2:18.05	2:16.15	2:35.91
320-359	3:05.64	3:52.52	2:20.85	2:50.63	2:36.37	3:21.16
360-399					4:13.19	5:12.04